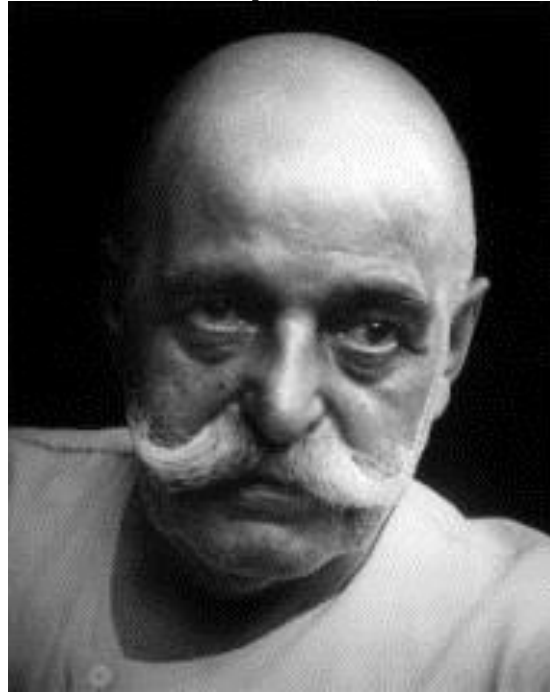


GURDJIEFF

Your experience of life is not based on your life, but on what you pay attention to.



Intro to the Gurdjieff Work

with Edward Fanaberia (40 years teaching) (and senior Work members)

-
- Attention development exercises
 - Intentional listening
 - Theme work
 - Self observational skill tool practice
 - Slow Gurdjieff Movement exercises
-

Call or email if you wish to participate (or for info).

514-369-4621 gurdjieffmontreal@gmail.com

Gurdjieff Center, 4252 Old Orchard Ave., Mtl., H4A 3B2

(Side entrance) 4 minute walk from metro Villa Maria

gurdjieffmontreal.com